

Sufi Concentrations
James Burgess

Love Lover and Beloved

Words: Traditional Music: Nasrudin

Dm *C* *Dm* (2) *C*

Ishq Al lah Mah bud li llah Ishq Al lah Mah bud li llah God is Love

Dm *C* *C*

Lo ver and Be loved Love Lov er and Be loved I am Love

Dm *C* *Dm*

Lov er and Be loved Love Lov er and Be loved

1. *Ishk Allah Mahbudlillah (x2)*
2. *Ishk Allah Mahbudlillah (x2)*
3. *God is love lover and beloved*
4. *Love lover and beloved*
5. *I am love lover and beloved*
6. *Love lover and beloved*

- 1 In circle, two quick grapevines to the right (8 paces). 2 Spins right alone
- 2 Two grapevines to the left begin with the right foot crossing. Spin left
- 3 Hold hands with partner, stepping before the word "God", very slow half turn together clockwise (4 paces).
- 4 2 Spins right alone (8 paces, double time).
- 5 Same partner – half turn anti-clockwise (4 paces).
- 6 Spin left alone and progress forward passing this partner (left shoulders).

Note. This dance is done at a jaunty pace and requires careful teaching.