

Sufi Concentrations
James Burgess

Nayaz

Words: Hazrat Inayat Khan Music: Nasrudin

The musical score is written in 4/4 time and consists of eight lines of music. The lyrics are: "Be loved Lord Al Mighty God Through the rays of the sun Through the waves of the air Through the all pervading life in space Purify and revivify me And I pray Heal my body heart and soul Amen". The chords are: Am, G, Am, Em, Am, G, Am, G, Am, G, Am, G, Am, G, Am, G, Am.

1. Beloved Lord almighty God
2. Through the rays of the sun
3. Through the waves of the air
4. Through the all pervading life in space
5. Purify and revivify me
6. And I pray
7. Heal my body heart and soul
8. Amen

This is also called the Sufi Healing Prayer and was given by Hazrat Inayat Khan. This great man is considered to be a saint and one of the foremost Sufi mystics of the current era. He was instructed to bring the Sufi message to the Western world and from 1910 to his death in 1927 he presented a wealth of material for his students, this being published recently in a series of books which cover a wide range of topics.

There are several orders of Sufis in the West who follow his teachings. He not only used traditional Islamic methods but also opened up a new concept in spiritual practice by including ideas and techniques from many other traditions and indeed by devising a "Universal Worship" ceremony which included scripture from several of the major religions. This was meant as a gesture towards world peace.

He is considered to be the grandfather of Dances of Universal Peace.