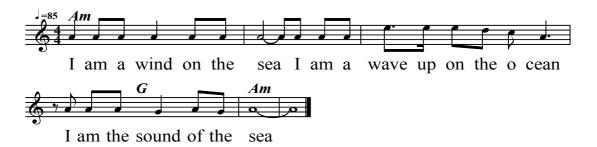
Sufi Concentrations James Burgess

Song of Being

Words: Amairgin Music: Nasrudin



Amairgin was a druid / bard around about 1200 years ago

Here's the complete text of this particular translation (unfortunately anonymous)

I am a wind upon the sea
I am a wave upon the ocean
I am the sound of the sea

I am a stag of 7 tines I am a bull of 7 battles I am a hawk upon a cliff

I am a teardrop in the sun I am the fairest of blossoms I am a boar in its boldness

I am a salmon in a pool I am a lake upon a plain I am a tree upon a hill

I am that which shapes I am myself shaped I am that which dreams

I am myself a dreamer I am all beings I am that which all beings become

If you have 11 minutes available, you can follow the following sequence: Verse 1 x3 / Verse 2 x3 / Verse 1 and 2 / Verse 3 x3 / Verse 1, 2, 3 / Verse 4 x3 / Verse 1,2,3,4 / Verse 5 x3 / Verse 1,2,3,4,5 / Verse 6 x3 / Verse 1,2,3,4,5,6 / Repeat last line