

Sufi Concentrations
James Burgess

Heart of Heroes

Words: Ella Young Music: Nasrudin

Capo 3Am

By the fire that is over the Earth And the fire that is under the Earth and the
fire in the heart of heroes One mind one heart one de
sire with the shining ones of Tir Nan Og

1. *By the fire that is over the Earth*
2. *And the fire that is under the Earth*
3. *And the fire in the heart of heroes*
4. *One Mind One Heart*
5. *One desire with the shining ones of*
6. *Tir Nan Og*

- 1 Facing partner, clap your own hands allowing the right hand to rise, then with hands on hips, change places, ½ turning right together
- 2 As 1, turning left instead
- 3 Vigorously clap and join right hands with partner at shoulder level, then ½ turn right together
- 4 Spin right alone, hands at head, hands at heart, then hold hands to make a circle.
- 5 Walk in together 4 paces, release hands towards sky
- 6 Walk out, dropping hands and face new partner

This is a marching song for the Fianna, the heroes of Celtic lands, especially Eire. It is vigorous and proud, ennobling and ardent in temperament.