

Sufi Concentrations
James Burgess

Fires of Beltane

Words and Music: Nasrudin

The Fires of Bel tane kin dle the night re
flect ing the Green Man's glance His La dy the Queen of the
May de lights us all with her spi ral dance
Fol low me to the Source of all he said I am et er nal fire
Come with me to the Source of all she said
I am your heart's de sire

1. *The fires of Beltane kindle the night*
2. *Reflecting the Green Man's glance*
3. *His Lady, the Queen of the May,*
4. *Delights us all with her spiral dance*
5. *"Follow me to the source of all" he said*
6. *"I am eternal fire"*
7. *"Come with me to the source of all" she said*
8. *"I am your heart's desire"*

- 1 *Face partners. Link right elbows and turn together 1 ½ times to progress.*
- 2 *Spin right alone on "reflecting".*
- 3 *Face new partner link left elbows, turn together and progress.*
- 4 *Spin left alone.*
- 5 *All face centre (not holding hands). Men sing and go to the centre (4 paces, right foot first).*
- 6 *Come out, clapping down on first step out.*
- 7 *Women sing and everyone puts hands behind neighbours' waists - 4 paces in.*
- 8 *4 paces out.*

Beltane marks the start of the warm half of our year and the beautiful process of greening has begun, when the hawthorn first blossoms. "Tane" means fire and the prefix "Bel" either means lucky or Baal's. So we have "Baal's fire" or "lucky fire" (Baal is an old testament pagan god). People would leap the ceremonial fire to bring luck to their lives before a journey or a wedding, or maidens to bring a husband, or a young couple as Green Man and May Queen, who seek fertility.