

*Sufi Concentrations*  
James Burgess

*All Hallows Eve*

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Words: Traditional Music: Nasrudin

Capo 3Am G Am (2)

All Hal lows Eve when the veil is thin bet ween the worlds Cauldron of

Em (2)

Cerrid wen WOMB OF THE HAG(spoken)

1. *All Hallows' Eve When the veil is thin Between the..*
2. *...worlds*
3. *All Hallows' Eve When the veil is thin Between the...*
4. *... worlds*
5. *Cauldron of Cerridwen*
6. *Womb of the Hag*
7. *Cauldron of Cerridwen*
8. *Womb of the Hag*

- 1 Circle holds hands. Two sidesteps left, feet left (All), right (Eve), left (veil), right, head moves in 2 large circles 1 for each sidestep. (Head begins facing right and goes down to begin its circle).
- 2 Spin left to face out (4 paces).
- 3 Hold hands in circle facing out, two sidesteps left with 2 head rotations as before.
- 4 Half turn left to face centre (not holding hands).
- 5 Going in 4 paces, palms of hands face the earth.
- 6 Going out, thumbs and first fingers touch to create inverted triangle at the womb (words spoken, not sung).
- 7,8. Repeat 5,6

All Hallows' Eve is the name for this festival at the time of Samhain (pronounced Sow-en) which included the reading of prayers for the souls of the dead (interestingly enough during Scorpio). Divination was extremely common at this time - the casting of nuts being so popular than the term "Nutcrack Night" was used in the North of England for Hallowe'en.

Certain types would dress as hags in sheeps skins and masks, going around causing pranks - which gave rise to the name Mischief Night in Ireland.

This festival has been critiqued for "glorifying and glamorising" evil powers by contemporary Christians and is seen by the British Pagan Federation as "an age old custom... welcomed as a time to help children and adults come to terms with their fears of change and death".

Here the phrase Cauldron of Cerridwen is a symbol for the crone's womb, free to nurture her magical creations now that child-bearing is complete. This time of year is suitable for going within to work the inner planes, to overcome one's fear of aging and dying.