



# Sabian Mysteries



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## Facilitator Exercises

### Elven Star Themes – Ascendant

#### Exercise

Study carefully the 7 points of your Elven Star finding a link for each between its Sabian Symbol, Power Animal, 7 Words Primary Word, and various life scenarios. Using a balance between your own intuition and various teachings, find meaning in each point so that you discover an inherent combined theme, and can tell the story that links them all together as an intelligible model for your life's unfoldment.

#### Teaching

Our ability to create harmonious integration of seemingly disparate energies is evidence of a high level of spiritual attainment. It takes both clarity, and intuitive imagination, to do this. Plus, of course, we come to know much more about who we are, in great detail, and about specific aspects and tracks of our lives. This empowers us to claim potentials and thereby express much more richly who we are becoming.

#### Suggested meanings for Ascendant's Elven Star points

1. General approach to life, how we are seen, strategy for daily progression.
2. The daily round, interests, activities, associations with other people and their ideas.
3. Values, preferences, allegiances, loyalties, sense of belonging.
4. Staunch positions, willingness to stand and fight, hard edge of personality, energised conflicts.
5. Intentionality, ambition, thrust and negotiation, spiritual direction.
6. Spirituality, willingness to adapt, compromise and see the other point of view.
7. Acceptance of the inevitable, surrender to higher forces, letting go of self-importance.

<https://www.jamesburgess.com/elven-star-magick.html>

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Your Notes