



# Sabian Mysteries



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## Facilitator Exercises

### Elven Star Themes – Chiron

#### Exercise

Study carefully the 7 points of your Elven Star finding a link for each between its Sabian Symbol, Power Animal, 7 Words Primary Word, and various life scenarios. Using a balance between your own intuition and various teachings, find meaning in each point so that you discover an inherent combined theme, and can tell the story that links them all together as an intelligible model for your life's unfoldment.

#### Teaching

Our ability to create harmonious integration of seemingly disparate energies is evidence of a high level of spiritual attainment. It takes both clarity, and intuitive imagination, to do this. Plus, of course, we come to know much more about who we are, in great detail, and about specific aspects and tracks of our lives. This empowers us to claim potentials and thereby express much more richly who we are becoming.

#### Suggested meanings for Chiron's Elven Star points

1. Identification of core wound and one's potential as a teacher and healer.
2. Studying ways to perceive reality, exploration of the mysteries, conscious communication, communication of consciousness, counselling of ideas.
3. Rebalancing the heart, healing of grief and loss, deepening appreciation of beauty, loving care, counselling of feelings.
4. Breakthrough, perceptual shift, radical healing, need for transformation of lifestyle, radical confrontation.
5. Revisioning expectation, major re-orientation, realignment of associations, projection of faith.
6. High-level spiritual awakening, learning the power of forgiveness as a healing tool, humility.
7. Inspired understanding, release of all judgements, acceptance of imperfections, philosophy of faith.

<https://www.jamesburgess.com/elven-star-magick.html>

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Your Notes