



Sabian Mysteries



Facilitator Exercises

Elven Star Themes – Descendant

Exercise

Study carefully the 7 points of your Elven Star finding a link for each between its Sabian Symbol, Power Animal, 7 Words Primary Word, and various life scenarios. Using a balance between your own intuition and various teachings, find meaning in each point so that you discover an inherent combined theme, and can tell the story that links them all together as an intelligible model for your life's unfoldment.

Teaching

Our ability to create harmonious integration of seemingly disparate energies is evidence of a high level of spiritual attainment. It takes both clarity, and intuitive imagination, to do this. Plus, of course, we come to know much more about who we are, in great detail, and about specific aspects and tracks of our lives. This empowers us to claim potentials and thereby express much more richly who we are becoming.

Suggested meanings for Descendant's Elven Star points

1. Unconscious aspects of self, shadow nature, intense engagement with one other person.
2. 'Getting to know you' conversations, arguments with partner, deepening of mutual understandings.
3. Shared sense of beauty, love deepening beyond just attraction, harmony at root level.
4. Fundamental challenges with partner, do or die confrontations, breakthrough or completion.
5. Sacredness shared, visionary dreams merged, life journey with partner.
6. Spiritual dimension of partnership, forgiveness and unconditional acceptance.
7. Able to be at peace alone as much as in partnership, indifference, self-containment.

<https://www.jamesburgess.com/elven-star-magick.html>

Your Notes