



# Sabian Mysteries



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## Facilitator Exercises

### Elven Star Themes – Jupiter

#### Exercise

Study carefully the 7 points of your Elven Star finding a link for each between its Sabian Symbol, Power Animal, 7 Words Primary Word, and various life scenarios. Using a balance between your own intuition and various teachings, find meaning in each point so that you discover an inherent combined theme, and can tell the story that links them all together as an intelligible model for your life's unfoldment.

#### Teaching

Our ability to create harmonious integration of seemingly disparate energies is evidence of a high level of spiritual attainment. It takes both clarity, and intuitive imagination, to do this. Plus, of course, we come to know much more about who we are, in great detail, and about specific aspects and tracks of our lives. This empowers us to claim potentials and thereby express much more richly who we are becoming.

#### Suggested meanings for the Jupiter's Elven Star points

1. Determination of best path of growth, expansiveness, widening horizons of awareness, travelling outwardly and inwardly towards a visionary goal.
2. Assimilating information, opinions, new attitudes and beliefs, new ways of operating, learning from friends and associates.
3. Expansion through deepening, especially our sense of beauty and love, caring for a greater number in a deeper way.
4. Confronting philosophical paradox, realisation of deeper spiritual truths, spiritual growth, awakening to higher consciousness.
5. Proselytising, preaching, philosophising with others, forming special interest groups, shared adventures and discoveries.
6. Integrating new ideas, discovering false assumptions, forgiving mistakes.
7. Unbounded self-confidence, reckless faith, extreme adventure, tolerance, end of all judgement, release of blame and guilt.

<https://www.jamesburgess.com/elven-star-magick.html>

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Your Notes