



Sabian Mysteries



Facilitator Exercises

Elven Star Themes – Mercury

Exercise

Study carefully the 7 points of your Elven Star finding a link for each between its Sabian Symbol, Power Animal, 7 Words Primary Word, and various life scenarios. Using a balance between your own intuition and various teachings, find meaning in each point so that you discover an inherent combined theme, and can tell the story that links them all together as an intelligible model for your life's unfoldment.

Teaching

Our ability to create harmonious integration of seemingly disparate energies is evidence of a high level of spiritual attainment. It takes both clarity, and intuitive imagination, to do this. Plus, of course, we come to know much more about who we are, in great detail, and about specific aspects and tracks of our lives. This empowers us to claim potentials and thereby express much more richly who we are becoming.

Suggested meanings for the Mercury's Elven Star points

1. How the mind works, thinking and intuition, communication, dexterity, representations of authentic self, boundaries of mind.
2. Use of communication to expand horizons, study, learning, instructions, training, travelling, concentrations, receiving input of ideas.
3. Tone of voice, ability to charm and reassure, reading another's state and mood, tuning in empathically, beautiful speech.
4. Oratory, ability to persuade and convince, power of the voice, commanding speech, free speech, provocative presentation of opinion.
5. Negotiation, explanation, inspiration, devotion, sacredness of sound, chanting, spoken prayer, supplication, request.
6. Listening to own voice as we speak, ability to moderate content and tone, absence of personal agenda when communicating.
7. Channelled speech, stream of consciousness, inspired utterances.

<https://www.jamesburgess.com/elven-star-magick.html>

Your Notes