



# Sabian Mysteries



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## Facilitator Exercises

### Elven Star Themes – Midheaven

#### Exercise

Study carefully the 7 points of your Elven Star finding a link for each between its Sabian Symbol, Power Animal, 7 Words Primary Word, and various life scenarios. Using a balance between your own intuition and various teachings, find meaning in each point so that you discover an inherent combined theme, and can tell the story that links them all together as an intelligible model for your life's unfoldment.

#### Teaching

Our ability to create harmonious integration of seemingly disparate energies is evidence of a high level of spiritual attainment. It takes both clarity, and intuitive imagination, to do this. Plus, of course, we come to know much more about who we are, in great detail, and about specific aspects and tracks of our lives. This empowers us to claim potentials and thereby express much more richly who we are becoming.

#### Suggested meanings for Midheaven's Elven Star points

1. Expressing the essence of who you are as career, social role, title, reputation, rejection of being inauthentic at work.
2. Optioneering, researching, considering new possibilities, feasible, available career opportunities, expanding occupational contacts.
3. Enjoying work, working with whom you love, reputation as easy-going, comfortable career track, alignment with family business or profession.
4. Major career shift, deepening of commitment to a defining life-path, big shifts in how the world sees you, power at work, promotions.
5. High-level training, expanded horizons of possibility to progress, collaborations, synergy, development of major life-vision in real terms.
6. Ability to process difficult obstacles in career, adjustment to social role shifts, reputation as fair-minded, elder status in the community.
7. High position, progress without effort, letting go of investment in goals.

<https://www.jamesburgess.com/elven-star-magick.html>

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Your Notes