



Sabian Mysteries



Facilitator Exercises

Elven Star Themes – Nadir

Exercise

Study carefully the 7 points of your Elven Star finding a link for each between its Sabian Symbol, Power Animal, 7 Words Primary Word, and various life scenarios. Using a balance between your own intuition and various teachings, find meaning in each point so that you discover an inherent combined theme, and can tell the story that links them all together as an intelligible model for your life's unfoldment.

Teaching

Our ability to create harmonious integration of seemingly disparate energies is evidence of a high level of spiritual attainment. It takes both clarity, and intuitive imagination, to do this. Plus, of course, we come to know much more about who we are, in great detail, and about specific aspects and tracks of our lives. This empowers us to claim potentials and thereby express much more richly who we are becoming.

Suggested meanings for Nadir's Elven Star points

1. Putting down roots, establishing supportive base, home and security.
2. Communicating deepest needs, exploration of interests at home, discovery of what security means.
3. Sharing emotional needs with close loved ones, building familiarity and trust.
4. Struggle to confirm one's own place in life, resisting or being forced to move, conflict at home or decision to stop moving.
5. Investment of life vision into a place, local support, sharing community purposes.
6. Unlocking mystery of the Earth, honouring of place, spiritual relationship with home.
7. Release of need to externalise sense of belonging, inner stability, self-containment.

<https://www.jamesburgess.com/elven-star-magick.html>

Your Notes