



# Sabian Mysteries



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## Facilitator Exercises

### Elven Star Themes – Pluto

#### Exercise

Study carefully the 7 points of your Elven Star finding a link for each between its Sabian Symbol, Power Animal, 7 Words Primary Word, and various life scenarios. Using a balance between your own intuition and various teachings, find meaning in each point so that you discover an inherent combined theme, and can tell the story that links them all together as an intelligible model for your life's unfoldment.

#### Teaching

Our ability to create harmonious integration of seemingly disparate energies is evidence of a high level of spiritual attainment. It takes both clarity, and intuitive imagination, to do this. Plus, of course, we come to know much more about who we are, in great detail, and about specific aspects and tracks of our lives. This empowers us to claim potentials and thereby express much more richly who we are becoming.

#### Suggested meanings for Pluto's Elven Star points

1. Intensified involvement, self-empowerment issues, matters of maximum impact, all-or-nothing questions.
2. Authentic communication, intense mode of self-expression, powerful ideas.
3. Most intense relationships, soft power, family issues, dealing effectively with boundary issues in love.
4. Transformation, facing darkness, serious confrontations, brushes with power-possessors.
5. Major obstacles to success, power of partnership, powerful visionary goals, empowerment through sacredness.
6. Coming to terms, willingness to compromise, issues of guilt and blame, powerful self-examination.
7. Release of control, freedom from oppression, letting go of emotional blocks, deep healing.

<https://www.jamesburgess.com/elven-star-magick.html>

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Your Notes