



# Sabian Mysteries



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## Facilitator Exercises

### Elven Star Themes – South Node

#### Exercise

Study carefully the 7 points of your Elven Star finding a link for each between its Sabian Symbol, Power Animal, 7 Words Primary Word, and various life scenarios. Using a balance between your own intuition and various teachings, find meaning in each point so that you discover an inherent combined theme, and can tell the story that links them all together as an intelligible model for your life's unfoldment.

#### Teaching

Our ability to create harmonious integration of seemingly disparate energies is evidence of a high level of spiritual attainment. It takes both clarity, and intuitive imagination, to do this. Plus, of course, we come to know much more about who we are, in great detail, and about specific aspects and tracks of our lives. This empowers us to claim potentials and thereby express much more richly who we are becoming.

#### Suggested meanings for South Node's Elven Star points

1. Habit, easy option, path of least resistance, skills and knowledge that came easily.
2. Dawning awareness of need to change, sense of possibility of a more meaningful life.
3. Pleasures and temptations exposed as lacking true value.
4. Deepening of realisation of need to change, confrontation with any laziness in the approach to evolution, lack of will exposed.
5. Making the most of given talents, reaching excellence, moving beyond expected levels of achievement of goals.
6. Releasing attachment to old sense of self, end of dependency upon natural talents.
7. Integration of past into new seed for future evolution.

<https://www.jamesburgess.com/elven-star-magick.html>

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Your Notes