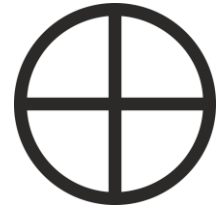




# Sabian Mysteries



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## Facilitator Exercises

### Understanding yourself - Jupiter Sabian Symbol

#### Exercise

##### Ask yourself

1. What is my life goal?
2. What expresses my self-confidence most clearly?
3. Where do I take risks?

Discuss how these answers relate to your Jupiter placement and its Sabian Symbol.

#### Teaching

If we are alive, then we are growing in some way. This can be physically, mentally, spiritually, or simply in experience and wisdom. Jupiter's position shows us of our path of growth how we expand our horizons, what risks we incline towards, and how these are measures of our faith in life and ourselves. This is how we embrace and digest new experiences, and how we learn to integrate new philosophies and teachings in an enjoyable way.

<https://www.jamesburgess.com/jupiter.html>

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Your Notes