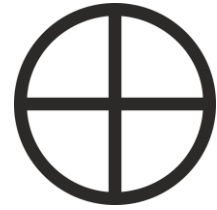




Sabian Mysteries



Facilitator Exercises

Understanding Yourself – Sun, Moon and other planets and points

Exercise

At various approximate ages: 7, 14, 21, 30, 40, 50, and now, recall and record any event that you think expresses the qualities of various planets and points. Discuss what has changed over the years and what has stayed the same.

Teaching

This shows what are the deepest enduring qualities of that planet or point, and also the journey taken to arrive at your current level of awareness of it. Become aware of how the aspects and house position have influenced the purity of the symbolism together with how the Sabian Symbol is gradually revealed.

Keyword pointers

Sun – Essential self.

Moon – Need for security and comfort.

Mercury – Style of communication, studies.

Venus – Relationships, friendships, love of beauty.

Mars – Assertion, self-expression.

Jupiter – Growth, visionary goals, luck.

Saturn – Responsibilities, authority, burdens.

Chiron – Opening up of awareness.

Uranus – Urge to freedom, heightened energy.

Neptune – Glamour, sensitivity, artistic expression.

Pluto – Empowerments, intense struggles, deep shifts.

South and North Nodes – Spiritual breakthroughs.

Ascendant and Descendant – Committed involvements.

Midheaven and Nadir – Career and Home.

Fortune – Extraordinary good luck.

Your Notes