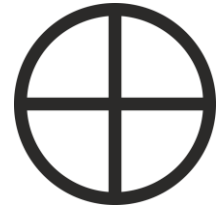




Sabian Mysteries



Facilitator Exercises

Understanding yourself - Mars Sabian Symbol

Exercise

Consider how you have experienced

1. Assertiveness
2. Physical stretch
3. Conflicts

Discuss how this relates to the position of Mars in your horoscope particularly its Sabian Symbol.

Teaching

Some of the Keywords for Mars

Action, powerful, conquer, hero, masculine, physicality, fire, strength of will, going for the goal, courageously, violently, defence, warrior, aggression, desire, military, martial, musculature, masculine.

By studying Mars we come to a better awareness of how we project our will into the world.

Four levels of this might be these:

1. Devotion
2. Assertiveness
3. Aggression
4. Depression and self-harm

Insights

1. It may be better to make a suicide-risk person angry than to offer tea and sympathy, so they redirect their aggression from inwardly to outwardly.
2. Worldly achievement through assertiveness is good training for spiritual attainment through devotion.

<https://www.jamesburgess.com/mars.html>

Your Notes