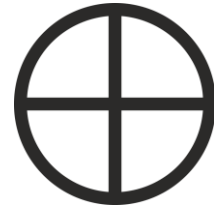




Sabian Mysteries

Facilitator Exercises



Understanding Yourself – North Node

Exercise

Consider:

1. What life skills have you developed through following your spiritual aspirations?
2. If completely free, what would you do?
3. What is your soul's purpose on Earth?

Discuss your North Node's placement and its Sabian Symbol.

Teaching

The axis from South to North Node represents the soul's path of expression, its journey through life during this incarnation. We express our appetite for a deeper and wider range of life experience following the track of the North Node's Sabian Symbol, through which we enable ourselves to realise more and more of our potential, as we progress towards full realisation. It is our greatest spiritual challenge, and can be seen as our Dharma.

Your Notes