

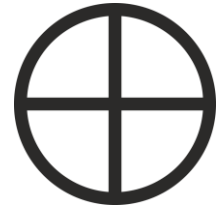


# Sabian Mysteries

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## Facilitator Exercises



### Understanding yourself - Saturn Sabian Symbol

#### Exercise

Ask yourself

- 1) What troubles my conscience?
- 2) Where do you express authority?
- 3) What are my main responsibilities?

Discuss this with reference to your placement and its Sabian Symbol for Saturn

#### Teaching

We are all required to attend to our duties and responsibilities in an effective manner to the satisfaction of some aspect of authority. As children and young adults especially, this can be a hard and unwelcome challenge, yet in our 30s we are better able to come to terms with life's more serious side. A mature adult, balanced in wisdom, will deal with whatever occurs in a manner that leaves no risk of blame, shame or guilt. Such an adult invariably claims and holds authority, usually winning respect and influence.

<https://www.jamesburgess.com/saturn.html>

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Your Notes