

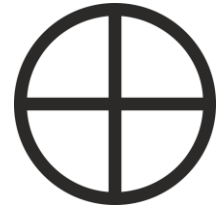


# Sabian Mysteries

---

---

## Facilitator Exercises



### Understanding Yourself – South Node

#### Exercise

##### Consider:

1. What exceptional skills and knowledge came most easily to you at an early age?
2. Which resources do you call upon in order to fulfil your spiritual duty?
3. What do you study with unusual energy and commitment?

Discuss your South Node's placement and its Sabian Symbol.

#### Teaching

The axis from South to North Node represents the soul's path of expression, its journey through life during this incarnation. There are some things we find very familiar indeed and develop related knowledge and abilities very early on in life, suggesting previous experience before incarnation. Such skills and attitudes are the springboard for our spiritual journey, yet their very easiness can be distracting and form a temptation to find the path of least resistance, preventing our willingness to struggle to progress spiritually. This is our greatest test of freeing our attachment to the material world, and can be seen as our Karma.

---

Your Notes