



Sabian Mysteries



Facilitator Exercises

Spell-Making - Using the Right Words

Think of a specific date in your future; consider each question one by one:

1. What do you want?
2. What do you need?
3. What do you choose?
4. What do you desire?
5. What do you expect?
6. What do you affirm?

Then notice

1. What is the answer
 2. How you feel
- Discuss in 2's.
 - Discuss as group.

Teaching

Most people use words casually without much awareness of the impact upon their feelings and the importance of selecting the appropriate word for their purpose. The words shown are all used to create the future and some of them are better avoided.

<https://www.jamesburgess.com/elven-star-magick.html>

Your Notes